



CATHOLIC CENTRAL HIGH SCHOOL

Academic Excellence in the Catholic Tradition Since 1906

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Immediate Release

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**Pep Rally Planned for “Coach T,”
Popular Retiring Catholic Central Teacher, Pep Rally Leader**
Community event to be held May 20 in the CC gym

GRAND RAPIDS, MICH – A “You are Awesome” pep rally will be held at Catholic Central High School on Friday, May 20 at 2:30 p.m. to honor longtime teacher and pep rally leader, Dick “Coach T” Truskoski, who announced his retirement recently after 31 years at the school.

Truskoski is best known for his dramatics during Catholic Central pep rallies, firing up the student crowd before athletic events with rally cries of “We are CC!” and “You are awesome!” Over the years, Truskoski became known for staging spectacular entrances to the events including entering on horseback, riding a Harley and rappelling from the ceiling.

Catholic Central administrators thought a pep rally would be a fitting send off for the Cougar spirit leader. “When it comes to having passion for Catholic Central, there is no match for Coach T,” said Principal Tom Maj. “He absolutely embodies Cougar spirit and is unequalled in his ability to incite excitement and loyalty in our students. Alumni from every class over the past 31 years remember and cherish their connection with Catholic Central because of Coach T.”

The teacher and JV/varsity coach began his teaching career at Catholic Central in 1978 and taught AP and honors science classes for more than 30 years. Known as “Coach T” to students and fellow teachers alike, Truskoski has been well regarded among two generations of Catholic Central students for his accessible teaching style, winning an Excellence in Education Award in 1993 as well as Catholic Central’s Teacher of the Year honors in 2005.

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Truskoski is looking forward to spending time with his wife and family after so many years of service. “I want to thank everyone for the support given me over the years,” he said. “I have always appreciated and will always remember all of you. You are what made my time at CC the ‘best of times.’”

“You Are Awesome!” Pep Rally Details:

The community is invited to attend the pep rally celebration for Coach T:

Date: Friday, May 20

Place: Catholic Central Gymnasium, 319 Sheldon Mall, Grand Rapids

Time: 2:30 – 3 p.m.

Cake and coffee in honor of all retiring CC faculty members will follow the rally.

Catholic Central High School is the oldest diocesan co-educational high school in the nation. It has a current enrollment of 725 students.

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